



Subject Expectation Sheet

For
PE



1	Children are given the opportunity to participate in a wide range of sports and healthy activities through their PE lessons and enrichment days allowing the children to develop a life-long enjoyment for sport and fitness. Children are encouraged to be resilient and aim for their personal best.
2	Children are given the opportunity to evaluate and analyse their own and other's skills and techniques. This may be through the use of iPads. After analysing their own performance, children can then comment on ways to improve and refine their skills, techniques and/or performance.
3	Within the school year, children are able to compete against others in a variety of inter and intra competitions (e.g. sports day, fixtures, Sport Relief etc.) Within their PE lessons and wider physical activities, children are also given the opportunity to work in groups or as a team and develop sportsmanship.
4	Children develop an understanding of a healthy, active lifestyle and how this benefits their own health. This can be achieved through the 'Healthy Selfie board', healthy eating policy and discussions within PE and appropriate science/PSHE lessons.
5	In order for children to be more active and achieve the recommended hour of activity, children are given opportunities to have active playtimes and participate in a variety of after-school sports clubs.