

Subject intent, implementation and impact statement – PE

Intent

The importance of Physical Education and a healthy lifestyle are actively promoted across the Chadsmoor federation. We aim to deliver high-quality teaching and learning opportunities that inspire and engage all pupils and facilitate a place to achieve their personal best. Through their Physical Education lessons, we hope that children develop the knowledge, skills, competence and confidence to excel in a wide range of sport and physical activities and have the opportunity to participate in team games and compete against others. Throughout these opportunities the children can apply the skills they have learned and display good sportsmanship which is highly encouraged across the federation. We want our children to transfer some of our school values into the sporting activities in which they participate, ensuring they gain enjoyment of sport and show resilience if they find something difficult. We aim for all children to be physically active for sustained periods of time and be able to make informed decisions to lead healthy and active lives.

Implementation

As well as a healthy eating policy, every child participates in Physical Education lessons taught by a skilled sports coach or class teacher at a minimum of one PE session a week, and two sessions per week wherever possible. Over the school year, our PE curriculum incorporates a range of sporting activities, such as: Dance, Gymnastics, Games, Athletics, and Outdoor Adventurous activities. Throughout these various opportunities, the children acquire a range of movements and skills, as well as select/apply them in routines or competitive games. Children are also encouraged to evaluate their own and others performance, often through the use of iPads, always striving for their personal best. Every year children participate in whole school sports day, as well as a house cross country event which promotes enjoyment, participation, sportsmanship and competition. As well as active lunchtimes, there are a wide range of extra-curricular activities available for the children, and we are working on providing more opportunities for inter-school sporting events and house competitions. In year 4 and 5, the children also attend swimming lessons for half of the year in order to obtain or develop their swimming skills. At the Junior school, we promote the Park Run, where a number of year 5 and 6 children (and sometimes their parents/grandparents) join us at Cannock Chase to take part in a 5km run. We also promote a healthy and active life style

through the use of a 'Healthy Selfie' board where the children can bring in photographs of themselves doing a healthy sporting activity.

Impact

Our curriculum aims to improve the wellbeing and fitness of all children across the Chadsmoor federation, not only through a wide range of sporting activities but also through the underpinning values and disciplines that PE promotes. We ensure that our PE curriculum is progressive, with the subject leaders attending network meetings with other local schools and PE advisors and adapt the curriculum to meet new government recommendations. Lesson observations, pupil and parent questionnaires, and assessments from the PE coaches/class teachers allow us to monitor progress and consistency of teaching. Through the use of our curriculum and monitoring strategies to ensure it maintains a high standard, we aim to provide the children with a lifelong love of sport and motivating them to lead a healthy and active lifestyle.