

## Vocabulary Development in Health Education at Chadsmoor Federation

This vocabulary is taught as part of health education- which was made **compulsory** in the September 2020 Relationships Education, Relationships and Sex Education and Health Education Guidance. The guidance states that primary schools should teach children particularly from the ages of 9 upwards children should be taught “the key facts about puberty and the adolescent changing body including physical and emotional changes as well as menstrual well-being including key facts about the menstrual cycle.”

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Penis and vagina	Penis, testicles and vagina	Penis, testicles, uterus and vagina. Facial and chest hair, underarm and leg hair, broader shoulders and muscles, spots, wider hips, breast development and deeper voice (Adam’s apple)	Puberty, internal and external changes, hormones, mood swings, vagina, uterus, ovary, fallopian tube, menstruation, periods, sanitary towels, egg, penis, sperm and testicles.	Puberty, hormones, vagina, uterus, ovary, fallopian tube, cervix, menstruation, ovulation, periods, vaginal discharge, sanitary towels, tampons, panty-liners, egg, penis, sperm testicles, scrotum, wet dreams, oily skin, larynx (voice box) and pubic hair, sweat glands, oily skin, spots, body odour and hygiene.	Puberty, hormones, mood swings, vagina, uterus, ovary, fallopian tube, cervix, menstruation, ovulation, vaginal discharge, periods, sanitary towels, tampons, panty-liners egg, penis, sperm testicles, scrotum, wet dreams, oily skin, larynx (voice box) and pubic hair, sweat glands, oily skin, spots, acne, body odour and hygiene.